March Being the Month of Women

The month of March is filled with different occasions and events that hold a variety of values for members of society. Women celebrate their International 8th of March, which Women’s Day on the appreciates women’s leading role. Since women at URDA are considered an icon for sustainable development and partners in success, this day plays a role in URDA’s projects for its different humanitarian specialties.

9th of March, Students at URDA's On the 150 educational centers celebrated with more than teachers giving their best for future generations. of the teachers were women who 118 More than engrave morals, fondness, and love in the students’ hearts.

With the approach of the spring season, URDA celebrated Mothers’ Day with its female staff, who are mothers, appreciating their contributions in all URDA’s sectors.

URDA has expanded its preparations to celebrate Ramadan with the “The Month of Togetherness” H. The campaign’s 1443-2022 Campaign for humanitarian projects aim to support people in need of different nationalities all over Lebanon. This Ramadan's projects include providing food parcels female 35 and hot meals. It's worth noting that volunteers are preparing hot meals for the iftars, at URDA's charitable kitchens.

Although March has come to an end, humanitarian acts, like women, do not require a special occasion to be celebrated.
The Japanese Embassy in Lebanon and URDA’s Healthcare Sector Sign a Grant Contract

The Japanese Embassy in Lebanon has signed a grant contract with the Union of Relief and Development Associations (URDA). The grant aims to fund the implementation of humanitarian and development projects in different Lebanese regions, as part of the Grant Assistance for Grassroots Human Security Program (GGP).

In this context, URDA will be able to provide essential medical equipment to enhance healthcare services for the most vulnerable communities in Bekaa and Arsal.

Huthaifa’s Mother Offers Life to Her Son Twice

“Paradise lies under the feet of mothers,” and Huthaifa’s ideal mother, who donated one of her kidneys to get her son back to her again. Huthaifa had kidney failure and was in a bad health situation; his treatment was expensive, but his mother wanted him back healthy. Twenty-two-year-old Huthaifa’s journey with kidney failure lasted for years. He has received financial and emotional assistance from URDA’s Healthcare Sector, which has accompanied him to his dialysis sessions at Al-Mayyas Hospital in Bekaa. Huthaifa has been supported by the Sector until his kidney transplant procedure was completed successfully, and URDA is still following up with him.

Huthaifa is a university student who works as a professional photographer in Beirut. His dreams expanded with him thanks to his mother's support and strength, which have positively reflected on her son’s health, academics, and social life.

Happy Mother’s Day to Huthaifa’s mother, as well as all the selfless mothers all around the world!
URDA honored its female employees on Mother’s Day

URDA honored its female employees on Mother’s Day and for their valued contributions, with the presence of other employees at URDA’s main center in Khaldeh.
International Women’s Day

Since women have such a significant role and duty in society, every 8th of March is dedicated to them as a token of appreciation and love for their resolute effort. #International_women_day

A Different Kind of Sewing through Recycling Plastic!

“Sewing is art, and it has always been my source of happiness.” Afaf, one of the women participating in the plastic recycling workshops, expresses. “I have perfected sewing at a young age, but it’s the first time I sew using plastic bags. I gather the bags, wash, and then dry them to transform them into flowers, bags, or pencil cases. This increases my confidence and helps me protect the environment from plastic.” Afaf added.

The Livelihood Sector’s project in URDA for recycling plastic is simple, yet it has great results. It helps spread awareness of the importance of protecting the environment from plastic. The project also supports and empowers women to improve their skills and experiences in sewing.” Afaf declared. “Sewing plastic bags is a new idea that emits hope for women that have faced long periods of abuse.”

The Unrestrained Income Project in Saida

Intending to sustain work in Saida, the URDA’s Livelihood Sector has launched its apprenticeships projects through the following workshops:

• Producing Dairy Products
• Handicrafts
• Food Dehydrating

Conditions of Registration:

• Holds the Palestinian nationality
• Resides in Saida
On International Women’s Day, the Protection and Livelihood Sectors organized an awareness-raising session, yesterday on Monday 7, March 2022. The session was titled “Self-care” and 15 women participated in it. Self-care empowers women in their society and gives them independence since it provides them with information and services that show them the right choice to choose. Self-care helps women support other women of the society after gaining knowledge, performing community healthcare tasks, and engaging with other women that have lived similar life experiences and have the same health needs.

Green plants were distributed to the participants at the end of the session as a symbol of the necessity of taking care of oneself and empowering it with positive feelings to grow healthily.

You deserve happiness. You deserve a decent life. You deserve to feel appreciated. You deserve protection. You deserve to be a Woman.
URDA Launches its Ramadan Projects for this Year though "Ramadan the Month of Togetherness"

The Union of Relief and Development Associations in Lebanon, URDA, has launched its Ramadan Campaign for the year 1443-2022 H with the theme "Ramadan the Month of Togetherness." The projects aim to assist people in need of various nationalities around Lebanon. Food parcels, hot meals, and fresh food products are among the projects planned for this season. URDA is also preparing for Eid AL Fitr with projects such as gift-giving and Eid clothing.

Because of the terrible economic situation that many families in Lebanon are facing, the campaign was titled "Togetherness" to demonstrate compassion, cooperation, and love. URDA’s Relief teams have been working tirelessly to assist those in need. Throughout the distributions, the teams ensure that they have taken all necessary safeguards and precautions, as required by the World Health Organization, to protect both the volunteers and the beneficiaries.

Furthermore, URDA’s General Manager, Dr. Mashhour Moumneh, praised the donors and donor institutions that exhibit togetherness via their donations, during his Ramadan speech. Dr. Moumneh expresses his hope that donations will go to those who are in need among Lebanese citizens, Syrian and Palestinian refugees. He went on to say that a society’s success is mostly dependent on the people’s ability to work together and coexist regardless of their affiliations. Dr. Moumneh further said that humanitarian acts bring people together, especially among URDA’s family of employees, volunteers, donors, beneficiaries, and supporters.

It should be noted that the total number of recipients from the previous Ramadan 2021 has reached 532,654. The total number of food parcels provided was 62,552, with 45,317 hot dinners, 278,523 bread bundles, and 9,520 potato and vegetable bags. In addition, 4,403 children were given coupons to buy Eid clothes and gifts for Eid AL Fitr.